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11th International Congress of the F. M. Alexander Technique

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Making New Connections with Science, Performance and Education*
29th July – 4th August 2018, Chicago, USA

The International Congress Spirit

In the spirit of the International Congresses we value the many approaches to the learning and teaching of Alexander's work. Registration for the Congress implies agreement to participate in this spirit of mutual respect and not to demean the person or work of other participants. We ask all those enrolling for their participation in fostering a supportive atmosphere where diversity is encouraged and respectful dialogue enjoyed.

Directors of the Congress

*Carol Prentice
Jamie McDowell*

The Alexander Technique Congress Association (ATCA) organises International Congresses to further its purpose of enhancement, promotion, further development and deeper understanding of the F. M. Alexander Technique. For information about the next International Congress and to see photographs and feedback from the 2018 Congress, visit www.atcongress.com.